Salads & sides

Guide prices are subject to change and confirmed by Moemas. Email us for help putting together a balanced menu and choosing quantities for your occasion.

Chickpeas and avocado-wasabi salad with watercress, lime and pine nuts
Rice and grains
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Puy lentils with roasted pumpkin, dolcelatte and mixed herbs
Rice and grains
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Quinoa with tomato, cucumber, Kalamata olives, mint, coriander and crisp sourdough
Rice and grains
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Lentils with slow-roast tomatoes, goat cheese, red onion, baby spinach and herbs
Rice and grains
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Basmati rice with chickpeas, currants and crispy onions
Rice and grains
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roasted okra with coriander, maple and chilli
Okra
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Okra with roasted tomatoes, cumin and garlic
Okra
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roasted new potatoes / Jerusalem artichoke with cherry tomato, lemon and sage
Potatoes
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roasted new potatoes with lemon, mustard, coriander seeds, parsley and sour cream sauce
Potatoes
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roast new potatoes with zaatar, cumin and olive oil, baby spinach and goat cheese
Potatoes
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Grilled aubergine with tomato and Parmesan crust
Aubergine
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Ask about serving aubergine as a vegetarian main.

Steamed aubergine with charred chilli salsa
Aubergine
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Ask about serving aubergine as a vegetarian main.

Roasted aubergine with buttermilk sauce and pomegranate seeds
Aubergine
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Ask about serving aubergine as a vegetarian main.

Roast aubergine with celery, sultana, green olive and caper salsa
Aubergine
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Ask about serving aubergine as a vegetarian main.

Char-grilled aubergine with courgette, slow-roast tomatoes and balsamic dressing
Aubergine
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Ask about serving aubergine as a vegetarian main.

Roasted aubergine with marinated slow-roast tomatoes, feta and basil
Aubergine
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Ask about serving aubergine as a vegetarian main.

Broccoli — regular or tenderstem
Broccoli
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Broccoli and chickpeas with rocket, lemon zest and parsley
Broccoli
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Broccoli, fine green beans and roast cherry tomatoes with parsley and feta
Broccoli
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Char-grilled broccoli with a light chilli and garlic olive-oil dressing
Broccoli
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Fine green beans and new potatoes with red onion and wholegrain mustard vinaigrette
Beans
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Fine green beans, organic kohlrabi and asparagus with mustard-seed dressing
Beans
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Green beans and sugar snaps with orange zest, olives and roasted almonds or hazelnuts
Beans
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roasted beetroot with fennel seeds, cumin and rosemary
Beetroot
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Beetroot with aubergine, coconut and curry leaves with tzatziki
Beetroot
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Raw kohlrabi, apple and beetroot salad
Beetroot
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Beetroot and peach salad with basil, goat cheese and lemon/aniseed dressing
Beetroot
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Baby beetroot with lentils, spring onions, parsley and goat-cheese ricotta
Beetroot
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Char-grilled fennel with mustard and dill vinaigrette
Fennel
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Shaved fennel and celery with avocado, lemon, Dijon and Parmesan dressing
Fennel
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Shaved fennel with cucumber, halloumi and chilli-poppy seed dressing
Fennel
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roast sweet potato, onion and sage bake with cream
Butternut, sweet potato and pumpkin
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roast butternut and sweet potato with homemade sweet chilli and herb dressing
Butternut, sweet potato and pumpkin
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roast butternut/pumpkin with Parmesan, lemon zest and sourdough crust
Butternut, sweet potato and pumpkin
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roast butternut and sweet potato with almonds, pumpkin seeds and pomegranate-molasses yoghurt
Butternut, sweet potato and pumpkin
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Roast butternut with red onion, pine nuts, zaatar, sumac and tahini
Butternut, sweet potato and pumpkin
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Sweet potato bake with coconut cream, ginger, spring onion and chilli
Butternut, sweet potato and pumpkin
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Asparagus salad with peas, spinach and dill
Asparagus
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Short asparagus season, usually September to November.

Asparagus with mustard-seed dressing
Asparagus
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Short asparagus season, usually September to November.

Asparagus with chopped boiled egg and capers
Asparagus
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Short asparagus season, usually September to November.

Asparagus with pickled red onion and soft goat cheese
Asparagus
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability. Short asparagus season, usually September to November.

Red cabbage with mango, papaya, red onion, red-wine vinaigrette and macadamia brittle
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Waldorf salad with fennel, celery, red onion, walnuts and yoghurt/Dijon dressing
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Heirloom tomato and cucumber salad with feta balls and Kalamata olives
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Tomato and yoghurt salad with lime, cardamom and mint
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Cucumber salad with tahini, mirin, soy sauce and sesame seeds
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Blanched baby carrots with yoghurt, dill and pomegranate seeds
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.

Raw beetroot with carrot, pumpkin/sunflower seeds and feta
Fresh and raw-ish
R30–R55 as a side · final price on enquiry
Requested portions · Quote required
Seasonal and subject to availability.